

Conemaugh Health System 2026 – 2028

Community Health Implementation Plan

-Cambria & Somerset Counties, Pennsylvania-



Adopted by Board of Trustees 11.19.25



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Overview

This document is a hospital system Community Health Needs Assessment Implementation Plan for Conemaugh Health System comprised of Conemaugh Memorial Medical Center, Conemaugh Meyersdale Medical Center, and Conemaugh Miners Medical Center.

Conemaugh Health System participated in a partnership with other community organizations to complete the CHNA. Members of the partnership include 1889 Foundation, Center for Population Health, and United Way of the Southern Alleghenies. Throughout the document, they will be designated as “The Health & Wellness Committee”.

The Community Health Needs Assessment (CHNA) defines priorities for health improvement, creates a collaborative community environment to engage stakeholders, and an open and transparent process to listen and truly understand the health needs of the community served by The Health & Wellness Committee (Cambria and Somerset Counties, PA).

This document will serve as Conemaugh Health System’s Implementation Plan outlining how the health system plans on addressing significant health needs in the community.

Note- the CHNA is contained in a separate document.

Paper copies of this document may be obtained at:

1. Conemaugh Health System: 1086 Franklin Street, Johnstown, PA 15905
 - Phone 814-534-9000 or conemaugh.org
2. Conemaugh Meyersdale Medical Center: 200 Hospital Dr, Meyersdale, PA 15552
 - Phone 814-634-5911 or conemaugh.org
3. Conemaugh Miners Medical Center: 290 Haida Ave, Hastings, PA 16646
 - Phone 814-247-3100 or conemaugh.org

About Conemaugh Health System

Conemaugh Health System of Duke LifePoint Healthcare is the largest healthcare provider in west central Pennsylvania, serving over a half-million patients each year through the Conemaugh Physician Group and Medical Staff, a network of hospitals, specialty clinics, and patient-focused programs. Conemaugh Health System employs approximately 3200 clinical and non-clinical staff, including more than 450 physicians committed to providing the ideal patient experience.

Conemaugh Memorial Medical Center, the flagship hospital of Conemaugh Health System, is a tertiary care regional referral hospital known for clinical excellence and nationally recognized patient outcomes. Conemaugh Memorial is the most technologically sophisticated hospital between Pittsburgh, PA and Hershey, PA and offers specialized services including a regional Level 1 Trauma Center, Level 3 Neonatal Intensive Care Unit and high-risk obstetrical care.

Conemaugh Miners Medical Center is a critical access hospital that has served northern Cambria County’s rural population for 116 years. The 25-bed facility features a 24/7 Level IV Trauma Emergency Department with chest pain accreditation, offering sophisticated emergency care close to home. Originally developed to serve the coal mining community, the hospital has grown to provide high-quality, comprehensive outpatient, imaging, diagnostic, and specialty services to all patients throughout the entire course of their lives.

Conemaugh Meyersdale Medical Center is a critical access hospital that has served the rural Meyersdale community for 70 years. The hospital provides 24/7 emergency care as an accredited chest pain center, and offers high-quality, comprehensive outpatient, imaging, diagnostic, and specialty services close to home. Conemaugh Meyersdale Medical Center also provides primary care services, preventative care, and community education to the Meyersdale community through its Family Health Care Rural Health Clinic.

Mission

Making communities healthier®

Vision

We want to create places where people choose to come for healthcare, physicians and providers want to practice, and employees want to work.

Values



Champion
Patient Care



Do the
Right Thing



Embrace
Individuality



Act with
Kindness



Make a
Difference
Together

Community Health Needs Assessment (CHNA) Overview

In 2025, The Health & Wellness Committee performed a Community Health Needs Assessment (CHNA) in partnership with Strata Decision Technology (“Strata”) to determine the health needs of the local community and develop an accompanying implementation plan to address the identified health needs of the community.

CHNA Purpose

A CHNA is part of the required hospital documentation of “Community Benefit” under the Affordable Care Act for 501(c)(3) hospitals. It uses systematic, comprehensive data collection and analysis to provide information about the community including health status, needs, and disparities. The CHNA also offers a targeted action plan to address areas of need and allows the hospital to truly understand the health needs of the community it serves.

CHNA Benefits



- Identify health disparities and social drivers to inform future initiatives, programs, and outreach strategies
- Identify gaps in healthcare
- Develop an understanding of perceptions and ideas among community members
- Form collaborations with community organizations to address local health needs

The core elements of a CHNA include:

- a definition and description of the community served
- a description of the process and methods used to conduct the CHNA
- a description of how the hospital facility solicited and took into account input received from community members
- a description of the identified significant health needs of the community, including selection process and criteria
- a description of resources available to address the significant health needs
- an evaluation of the impact of any actions that were taken to address the significant health needs identified in the immediately preceding CHNA

Community Health Needs Assessment (CHNA) Overview

The CHNA Process

The process to conduct the CHNA included the following:



Conemaugh Health System’s health priorities identified through the 2025 process are:

- 1 Cancer
- 2 Cardiovascular Health: Heart Disease, Diabetes, & Stroke
- 3 Mental Health

This report was approved by the Board of Trustees on 11.19.25

Implementation Plan Framework

Conemaugh Health System’s (CHS) executive and clinical leadership gathered to discuss plans to address the identified health priorities. The leaders decided to breakout the health priorities into sub-categories to effectively create action plans to make positive community impacts. The next six pages outline the implementation plan for each identified health need seen below.

Conemaugh Health System Health Need Evaluation

	Severity or urgency	Feasibility and effectiveness	Impact on health disparities	Importance identified by community
Cancer	✓	✓	✓	✓
Cardiovascular Health	✓	✓	✓	✓
Mental Health	✓	✓	✓	✓

This implementation plan was approved by the Board of Trustees on 11.19.25

Implementation Plan: Cancer

Initiative: Cancer Awareness

Goal: Increase patient access and awareness of screenings and resources available for cancer treatment

Strategies Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
Strategy 1: Amplify recruitment efforts of providers, APPs and nurses.	2026 – 2028	<ul style="list-style-type: none"> ➤ CHS & Conemaugh Physician Group ➤ CHS People Services ➤ CHS Growth & Outreach ➤ CHS Marketing & Communications 	<ul style="list-style-type: none"> ➤ Lifepoint Health Physician Recruitment ➤ Duke Health ➤ Local colleges and universities
Strategy 2: Partner with Allegheny Health Network for medical oncology.	Quarter 1, 2026	<ul style="list-style-type: none"> ➤ CHS Administration ➤ Conemaugh Physician Group ➤ CHS Medical Oncology Team 	<ul style="list-style-type: none"> ➤ Lifepoint Health
Strategy 3: Implement regular support groups through the Enhanced Supportive Care Clinic.	January 1, 2027	<ul style="list-style-type: none"> ➤ CHS Enhanced Supportive Care Clinic ➤ CHS Family Medicine Clinic ➤ CHS Growth & Outreach Liaisons ➤ CHS Marketing & Communications 	<ul style="list-style-type: none"> ➤ Local support organizations who work with cancer and palliative care patients like Operation BeYOUtiful.

Anticipated Impact:

- Increased number of patients seen for screenings and treatment at Conemaugh Cancer Care Center
- Increased number of available providers to meet the current and growing need of cancer care within our community
- Increased number of visits to the enhanced supportive care clinic and provide patients at various levels of care a shared group space

Implementation Plan: Cardiovascular Health

Initiative: Heart Disease Awareness

Goal: Improve community sentiment and awareness of various cardiovascular programs available at Conemaugh Health System (CHS)

Strategies Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
Strategy 1: Implement quarterly community screenings across the health system	2026 - 2028	<ul style="list-style-type: none"> ➤ CHS Cardiovascular Team ➤ CHS Marketing & Communications ➤ CHS Administration ➤ CHS Lab Team 	<ul style="list-style-type: none"> ➤ Local health professionals
Strategy 2: Implement quarterly educational series at Conemaugh East Hills Outpatient Center	2026 – 2028	<ul style="list-style-type: none"> ➤ CHS Cardiovascular Team ➤ CHS Marketing & Communications 	
Strategy 3: Partner with the American Heart Association to bring the Heart Walk back to Cambria/Somerset County	Quarter 3, 2026	<ul style="list-style-type: none"> ➤ CHS Cardiovascular Team ➤ CHS Marketing & Communications 	<ul style="list-style-type: none"> ➤ American Heart Association
Strategy 4: Quarterly workplace wellness days with local companies and organizations	2026 – 2028	<ul style="list-style-type: none"> ➤ CHS Employee Health ➤ CHS Cardiovascular Team ➤ CHS Administration ➤ CHS Marketing & Communications ➤ CHS Lab Team 	<ul style="list-style-type: none"> ➤ Local companies and organizations

Anticipated Impact:

- Increased health education and awareness of heart disease and other cardiovascular diseases
- Increased awareness of available screening, testing, and health options at Conemaugh Health System through outreach education and regular screening opportunities
- Improved health and wellness of current employees
- Increased number of patients seeking treatment at earlier stages of heart disease

Implementation Plan: Cardiovascular Health

Initiative: Diabetes Awareness

Goal: Increase awareness and total number of patients visiting the Diabetic Institute

Strategies Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
Strategy 1: Educational programming at local nursing homes, schools, and local organizations.	January 1, 2026	<ul style="list-style-type: none"> ➤ Diabetic Institute and educators throughout CHS ➤ CHS Cardiovascular Team ➤ CHS Growth & Outreach Liaisons 	<ul style="list-style-type: none"> ➤ Local nursing homes ➤ Local high schools ➤ Local companies and organizations
Strategy 2: Implement regular foot exam care through PCP and family medicine offices.	January 1, 2026	<ul style="list-style-type: none"> ➤ Conemaugh Physician Group ➤ Diabetic Institute and educators throughout CHS ➤ CHS Growth & Outreach Liaisons 	<ul style="list-style-type: none"> ➤ Primary care offices ➤ Independent provider offices
Strategy 3: Increase diabetes awareness education through community programming during Diabetes Awareness Month (November).	2026 – 2028	<ul style="list-style-type: none"> ➤ Diabetes Institute and educators throughout CHS ➤ CHS Cardiovascular Team ➤ CHS Marketing & Communications ➤ CHS Growth & Outreach Liaisons 	

Anticipated Impact:

- Increased number of patients referred to and visiting the Diabetic Institute
- Increased number of PCP visits for patients with Diabetic related health concerns
- Increased overall awareness of diabetes health and available resources to students and the local community

Implementation Plan: Cardiovascular Health

Initiative: Stroke Awareness

Goal: To lower the stroke risk ranking, decrease heart statistics through numerous regular screening measures, and improve community education about stroke and recognizing signs.

Strategies Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
Strategy 1: Implement and distribute Balance Eyes Face Arms Speech Time (BE FAST) Cards in the community during Stroke Awareness Month (May)	May 2026	<ul style="list-style-type: none"> ➤ CHS Marketing & Communications ➤ CHS Stroke Team ➤ CHS Growth & Outreach Liaisons 	<ul style="list-style-type: none"> ➤ Local Pharmacies
Strategy 2: Improve the Tobacco Cessation Program Awareness through yearly programming and community/physician outreach	Quarter 4, 2026	<ul style="list-style-type: none"> ➤ CHS Pulmonology Team ➤ CHS Marketing & Communications ➤ CHS Lung Health Navigator ➤ CHS Growth & Outreach Liaisons 	<ul style="list-style-type: none"> ➤ Community Centers ➤ Primary Care and Family Medicine offices ➤ Outpatient Centers ➤ Schools ➤ Workplaces

Anticipated Impact:

- Increased total enrollment into tobacco cessation program and a decrease in number of stroke patients
- Increased awareness of stroke and how to recognize signs of stroke as early as possible

Implementation Plan: Mental Health

Initiative: Mental Health Awareness and Action

Goal: Improve awareness and availability of current and forthcoming mental health resources available in the community while educating as early and as many people as possible

Strategies Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
Strategy 1: Complete the self-study and earn American Psychological Association accreditation for the current Psychology Internship at CMMC to attract more top talent in mental health.	March 1, 2026	➤ CHS Psychology Internship Faculty	➤ American Psychological Association
Strategy 2: Amplify recruitment efforts of psychologists, psychiatrists, and therapists to help meet the growing need of mental health professionals in the PSA.	2026 – 2028	➤ Conemaugh Physician Group and CHS Administration ➤ CHS Behavioral Health Team	➤ Lifepoint Health ➤ Duke Healthcare ➤ Local colleges and universities ➤ Current GME programs

Anticipated Impact:

- Accreditation through the American Psychological Association will allow for a larger recruitment pull for doctoral-level interns with subsequent recruitment of master's level trainees and an overall increase in the mental health provider footprint at CHS.
- The addition of mental health professionals will help meet the growing need of mental health support in the community and increase enrollment in treatment.
- Partnering with local girl scout and eagle scout groups to promote mental health awareness, self-care, and teach the important of stress management and emotional regulation at early ages. Encourage open conversations about feelings and provide age-appropriate resources and activities that build resilience and confidence. This would help the reduction of stigma seen around mental health.

Implementation Plan: Mental Health (continued)

Initiative: Mental Health Awareness and Action

Goal: Improve awareness and availability of current and forthcoming mental health resources available in the community while educating as early and as many people as possible

Strategies Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
Strategy 3: Develop a mental health resource guide to be displayed and given at schools, primary care offices, outpatient clinics, community centers, and more to help educate and promote current mental health resources.	January 1, 2027	<ul style="list-style-type: none"> ➤ CHS Behavioral Health Team ➤ CHS Marketing & Communications ➤ CHS Growth & Outreach 	<ul style="list-style-type: none"> ➤ Lifepoint Health ➤ Center for Population Health
Strategy 4: Partner with local youth groups and organizations to promote early intervention, self-care, and important mental health topics.	Quarter 1, 2026	<ul style="list-style-type: none"> ➤ CHS Behavioral health Team ➤ CHS Marketing 	<ul style="list-style-type: none"> ➤ Local Youth Groups and Organizations

Anticipated Impact:

- Accreditation through the American Psychological Association will allow for a larger recruitment pull for doctoral-level interns with subsequent recruitment of master's level trainees and an overall increase in the mental health provider footprint at CHS.
- The addition of mental health professionals will help meet the growing need of mental health support in the community and increase enrollment in treatment.
- Partnering with local youth groups (ex. girl scouts and boy scouts) to promote mental health awareness, self-care, and teach the importance of stress management and emotional regulation at early ages. Encourage open conversations about feelings and provide age-appropriate resources and activities that build resilience and confidence. This would help the reduction of stigma seen around mental health.