High Five Guiding Principles

Delivering high quality patient care
Supporting physicians
Creating excellent workplaces for our employees
Taking a leadership role in our communities
Ensuring fiscal responsibility

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Conemaugh Memorial Earns Center of Excellence for Wound Care

The Conemaugh Advanced Wound Center was recognized with the Center of Excellence award, a national designation for clinical excellence. The award was presented by Healogics, the nation’s largest provider of advanced wound care services. Conemaugh achieved outstanding clinical outcomes for twelve consecutive months, including patient satisfaction higher than 92 percent, and a minimum wound healing rate of at least 91 percent within 30 median days to heal. There were 413 Centers in the United States eligible for the Center of Excellence award, but only 29 achieved the honor, including Conemaugh Memorial.

Last year, Conemaugh’s Wound Center earned the Center of Distinction designation. This year’s Center of Excellence designation means the Center performed above clinical excellence for two consecutive years.

“The team at the Advanced Wound Center provides assistance for patients to heal from chronic wounds that can greatly impact their lives,” said Paul Rollins, MD, Medical Director of the Center. “Their sincere care and dedication is seen in the healing results our patients achieve, and the ability to return to daily activities. We are so proud of the work we do and the care we provide.”

The Conemaugh Advanced Wound Center offers highly specialized wound care to patients suffering from diabetic ulcers, pressure ulcers, infections, simple burns, traumatic wounds, complicated post-surgical wounds, and other chronic wounds which have not healed in a reasonable amount of time. Advanced treatments includes negative pressure wound therapy, bio-engineered skin substitutes, hyperbaric oxygen therapy, biological and biosynthetic dressings, and growth factor therapies.
LifeTalent Annual Education
A reminder that annual education for 2019 has been assigned in LifeTalent.

Please complete courses by June 30, 2019.
Contact Joan Colbert or Diane Kennedy with any questions.

Protecting Patient Privacy
- Remember to sign out of computers when accessing patient information.
- Do not share passwords for applications that access patient information.
- Be sure that any written documentation you give a patient has only their information contained; this would include discharge instructions, prescriptions, “scrap paper” that may have another patients information on it.
- Do not share patient information through casual conversations. Patients have not given permission for this, you do not know who your colleagues will pass the information to next, and you never know who might overhear.

Like Our Facebook Pages!
We have started a Facebook page for each hospital within our system. Like our pages for health information, news, employee recognition, and photos!

www.facebook.com/Conemaugh
www.facebook.com/ConemaughMeyersdale
www.facebook.com/ConemaughMiners
www.facebook.com/ConemaughNason
www.facebook.com/ConemaughPhysicianGroup
Email Retention Update

LifePoint’s information retention schedule is changing. As of June 1, 2019, all emails will be automatically deleted after one year (current setting is two years) UNLESS they are placed in your "Personal Archive" folder or subfolder. The "Personal Archive" is located on the left side navigation bar in Outlook. For questions, contact the MIS Helpdesk at (814) 534-9195.

Diabetes Institute Location and Certification

Conemaugh’s Diabetes Prevention Program has been recertified until 2021! Congratulations! Effective June 10, the Conemaugh Diabetes Institute will now be located at the Richland Care Center, 1481 Eisenhower Blvd. Phone and fax numbers remain the same.

Tickets Available

Jennerstown Speedway tickets are available! Not valid for special events. Please contact Storm Nagle at (814) 534-9063 for more information or to request tickets.

Save the Date

Fall Bus Trip to Grove City
Tuesday, October 8, 2019
Details will be provided in coming months.

7th Annual SART Conference

Into the Mind of an Offender
Monday, August 19 • 7:30 am - 4:30 pm
Conference Center on the campus of the University of Pittsburgh at Johnstown

Morning keynote by Retired Supervisory Special Agent William Hagmaier, one of the leading investigators of serial killers with the FBI’s Behavioral Analysis Unit who interviewed Ted Bundy in an effort to gain an insight into solved and unsolved murder cases and to understand who kills and why. Hagmaier has served as a consultant to law enforcement agencies in the US throughout the world on cases involving homicide, arson, bombing, political corruption, SA, child abduction, kidnapping, infant abduction, organized crime, terrorism, and foreign counterintelligence.

Early Bird Registration is $75 until June 20
Regular Registration is $85

Continental breakfast, lunch, and afternoon snacks will be provided. CEs are being offered and registration is limited so be sure to register soon!

Registration: https://sart2019.eventbrite.com
Supporting Physicians

The Extra Mile Award recognizes physicians who routinely give of themselves to enhance the lives of individuals within Conemaugh Health System, patients, families, and the community.

The award is given to a current physician each month by the Physician Recognition Team.

June 2019 Recipient

Congratulations,

Dr. Clossin
Radiology

To view nominations and videos for our recipients, visit www.conemaugh.org/ExtraMileAwardWinner.

To nominate a physician for the Extra Mile Award, or to learn more, visit www.conemaugh.org/ExtraMileAward.
**Delivering High Quality Patient Care**

**Stroke Discussion**

Dr. Nicholas Lanciano and other members of Conemaugh’s stroke team discussed stroke signs, symptoms, treatments, and family support during a free community education session. Two stroke survivors were also present to share their stories.

**Trauma Site Survey**

On behalf of Dr. Russell Dumire and Jami Zipf

“We wish to thank everyone for their participation and ongoing commitment to trauma services at Conemaugh Memorial. The survey team was very complimentary about the excellent care provided by this institution. This truly reflects the quality of care that we provide to our patients on a daily basis. This type of outcome would not be possible without the dedication of everyone who cares for trauma patients in our community.”

**EMS Week**

Conemaugh provided activities and treats to local EMS providers during EMS Week. Thank you for all you do!

**Histotech Accreditation**

In May, 2019, the Conemaugh School of Histotechnology was awarded full accreditation by the NAACLS Board of Directors for the Histotechnician Program for 10 years. The Board of Directors based the award length on the continuing accreditation review process that included a site visit of the program during Fall 2018. Accreditation for the program will continue until April 30, 2029. As a result, the program will commence renewal of accreditation with the submission of a Self-Study Report on April 1, 2028 and scheduling of a site visit during Fall 2028.
Pennsylvania Safety Summit

The Conemaugh Nason Medical Center Administrative team attended the Pennsylvania Safety Summit (P2S2) on May 2. Conemaugh Nason CEO, Tim Harclerode, participated as a speaker on the CEO Roundtable. The event included speakers with inspiring stories and concrete strategies regarding the importance of patient safety. Bob Yonish, Senior Patient Safety Liaison, is pictured with Deborah Miller, Michelle Buttry, Kim Semelsberger, and Tim Harclerode at the start of the event. The CNMC Administrative team members have all earned their (Certified Professional in Patient Safety) certification.

Congratulations to our recent Gold Star Winners for outstanding commitment to those for whom we care.

Every day our patients and their loved ones inspire us to new heights of hospitality.

Conemaugh Nason Q2 CDI Physician Award

The Clinical Documentation Improvement (CDI) Program wants to recognize one physician every quarter for their outstanding documentation. The Q1 winner is Dr. Zaher, Cardiology!

Diabetes Education

Stephanie Thomas, PharmD, Certified Diabetes Educator presents tips to manage diabetes medications.
Conemaugh Memorial Earns Fourth Consecutive ‘A’ for Patient Safety

Conemaugh Memorial Medical Center has earned its third consecutive ‘A’ rating for its efforts in protecting patients from harm and meeting the highest safety standards in the United States. The recognition is from The Leapfrog Group, a Washington D.C. based organization aiming to improve health care quality and safety for consumers and purchasers. Conemaugh Memorial also earned an ‘A’ for Fall 2017, Spring 2018, and Fall 2018. The Safety Grade assigns an A, B, C, D, or F grade to hospitals across the country based on performance in preventing medical errors, infections, and other harms among patients in their care. “This is a tremendous accomplishment,” said Susan Williams, MD, Chief Medical Officer. “Our teams at Conemaugh Memorial continue to make patient safety our priority and we are so appreciative of all they do for our patients and our community. We’ve worked hard to implement policies and procedures to ensure patient safety and this fourth consecutive ‘A’ rating confirms that we have created sustainable improvements.” “This is the only national rating of how well hospitals protect patients from preventable harm and death, such as medical errors, infections, and injuries,” said Leah Binder, president and CEO of The Leapfrog Group. “Receiving an ‘A’ Safety Grade means a hospital is among the best in the country for preventing these terrible problems and putting their patients first, 24 hours a day.” Developed under the guidance of an Expert Panel, the Leapfrog Hospital Safety Grade uses 27 measures of publicly available hospital safety data to assign grades to approximately 2,600 United States hospitals twice per year. It is peer reviewed, fully transparent, and free to the public.

Conemaugh Miners Community Open House

Conemaugh Miners welcomed community members to take a tour and learn about technology and equipment updates and improvements made in 2018. Thank you to all staff for greeting our guests!
First Responder Facilities Tour

The Johnstown Fire Department completed an annual visit to ensure that first responders are familiar with our buildings in the event of an emergency. The group visited:

- Conemaugh Memorial - Main and Lee Campuses
- Crichton Rehabilitation Center
- Transitional Care Unit
- Select Specialty of Johnstown
- Conemaugh School of Nursing
- Johnstown Medical Park

American Trauma Society Conference

Recently, three posters were presented at the American Trauma Society of PA (ATSPA). Kim Gorman presented compliance with TBI protocols followed by Tom Causer’s presentation on Concussion and Dr. Silvis’s presentation on VAP. In addition to Gorman’s presentation on TBI protocols, she also presented a Podium presentation on Geriatric Trauma.
<table>
<thead>
<tr>
<th>CODE ACTIVATION</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CARDIAC ARREST - ADULT</strong></td>
<td><strong>MEDICAL EMERGENCY + LOCATION</strong></td>
</tr>
<tr>
<td><strong>CARDIAC ARREST - PEDIATRIC</strong></td>
<td><strong>MEDICAL EMERGENCY PEDIATRIC + LOCATION</strong></td>
</tr>
<tr>
<td><strong>DETERIORATION OF ANY INDIVIDUAL</strong></td>
<td><strong>RAPID RESPONSE + LOCATION</strong></td>
</tr>
<tr>
<td><strong>STROKE SYMPTOMS</strong></td>
<td><strong>STROKE ALERT + LOCATION</strong></td>
</tr>
<tr>
<td><strong>TRAUMA OF ANY INDIVIDUAL</strong></td>
<td><strong>TRAUMA ALERT + ETA</strong></td>
</tr>
<tr>
<td><strong>CARDIAC SYMPTOMS/STEMI</strong></td>
<td><strong>STEMI ALERT + LOCATION + ETA</strong></td>
</tr>
<tr>
<td><strong>EVACUATION</strong></td>
<td><strong>EVACUATION + LOCATION</strong></td>
</tr>
<tr>
<td><strong>BOMB THREAT</strong></td>
<td><strong>BOMB THREAT + LOCATION</strong></td>
</tr>
<tr>
<td><strong>FIRE</strong></td>
<td><strong>FIRE ALERT + LOCATION</strong></td>
</tr>
<tr>
<td><strong>ABDUCTION OR ELOPEMENT</strong></td>
<td><strong>MISSING PERSON + DESCRIPTOR (MALE OR FEMALE + AGE) + LOCATION</strong></td>
</tr>
<tr>
<td><strong>ACTIVE INTRUDER OR PERSON WITH A WEAPON</strong></td>
<td><strong>ACTIVE INTRUDER + LOCATION</strong></td>
</tr>
<tr>
<td><strong>COMBATIVE PATIENT OR PERSON</strong></td>
<td><strong>SECURITY ALERT + LOCATION</strong></td>
</tr>
<tr>
<td><strong>DISASTER WITH PATIENT SURGE</strong></td>
<td><strong>DISASTER ALERT TRAUMA</strong></td>
</tr>
<tr>
<td><strong>CHEMICAL OR BIOLOGICAL DISASTER</strong></td>
<td><strong>DISASTER ALERT CHEMICAL/BIOLOGICAL</strong></td>
</tr>
<tr>
<td><strong>UTILITY FAILURE</strong></td>
<td><strong>UTILITY FAILURE (TYPE) + LOCATION</strong></td>
</tr>
<tr>
<td><strong>WEATHER EMERGENCY</strong></td>
<td><strong>WEATHER ALERT + DESCRIPTOR (TYPE OF WEATHER)</strong></td>
</tr>
<tr>
<td><strong>HAZARDOUS MATERIAL SPILL</strong></td>
<td><strong>HAZ MAT SPILL + LOCATION</strong></td>
</tr>
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</table>
Continuing Education Opportunities

<table>
<thead>
<tr>
<th>Date</th>
<th>Educational Activity</th>
<th>Time</th>
<th>Location</th>
<th>Registration</th>
<th>Target Audience</th>
<th>Credit Type</th>
<th># of Credit(s)</th>
<th>Cost*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Basic Trauma Nurse Course</td>
<td>N/A</td>
<td>Online</td>
<td>REQUIRED</td>
<td>Trauma Nurses</td>
<td>PSNA</td>
<td>20</td>
<td>Y</td>
</tr>
<tr>
<td>4</td>
<td>Managing Pain Without Hitting the Streets</td>
<td>0700 - 0800</td>
<td>VMC/CROSSROAD</td>
<td>REQUIRED</td>
<td>Healthcare Providers</td>
<td>CME</td>
<td>2</td>
<td>Y</td>
</tr>
<tr>
<td>5</td>
<td>Grand Rounds</td>
<td>0700 - 0800</td>
<td>VMC/CROSSROAD</td>
<td>OPEN</td>
<td>Physicians</td>
<td>CME</td>
<td>1</td>
<td>N</td>
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<tr>
<td>6</td>
<td>ACLS (Update)</td>
<td>0800 - 0900</td>
<td>VMC/GS1040 - 1042</td>
<td>REQUIRED</td>
<td>Healthcare Providers</td>
<td>PSNA</td>
<td>6</td>
<td>Y</td>
</tr>
<tr>
<td>6</td>
<td>Antibiotic Myths Debunked: Review of Antibiotics</td>
<td>1200 - 1300</td>
<td>CP1009</td>
<td>OPEN</td>
<td>Healthcare Providers</td>
<td>PSNA</td>
<td>2</td>
<td>N</td>
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<tr>
<td>7</td>
<td>Trauma M&amp;M</td>
<td>0700 - 0730</td>
<td>CP1009</td>
<td>CLOSED</td>
<td>Physicians</td>
<td>CME</td>
<td>0.5</td>
<td>N</td>
</tr>
<tr>
<td>7</td>
<td>Surgery M&amp;M</td>
<td>0730 - 0800</td>
<td>CP1009</td>
<td>CLOSED</td>
<td>Physicians</td>
<td>CME</td>
<td>0.5</td>
<td>N</td>
</tr>
<tr>
<td>14</td>
<td>Trauma M&amp;M</td>
<td>0730 - 0730</td>
<td>CP1009</td>
<td>CLOSED</td>
<td>Physicians</td>
<td>CME</td>
<td>0.5</td>
<td>N</td>
</tr>
<tr>
<td>14</td>
<td>Surgery M&amp;M</td>
<td>0730 - 0800</td>
<td>CP1009</td>
<td>CLOSED</td>
<td>Physicians</td>
<td>CME</td>
<td>0.5</td>
<td>N</td>
</tr>
<tr>
<td>21</td>
<td>Trauma M&amp;M</td>
<td>0730 - 0800</td>
<td>CP1009</td>
<td>CLOSED</td>
<td>Physicians</td>
<td>CME</td>
<td>0.5</td>
<td>N</td>
</tr>
<tr>
<td>21</td>
<td>Surgery M&amp;M</td>
<td>0730 - 0800</td>
<td>CP1009</td>
<td>CLOSED</td>
<td>Physicians</td>
<td>CME</td>
<td>0.5</td>
<td>N</td>
</tr>
<tr>
<td>21</td>
<td>Tumor Board</td>
<td>0800 - 0900</td>
<td>VMC</td>
<td>CLOSED</td>
<td>Physicians</td>
<td>CME</td>
<td>1</td>
<td>N</td>
</tr>
<tr>
<td>28</td>
<td>Trauma M&amp;M</td>
<td>0700 - 0730</td>
<td>CP1009</td>
<td>CLOSED</td>
<td>Physicians</td>
<td>CME</td>
<td>0.5</td>
<td>N</td>
</tr>
<tr>
<td>28</td>
<td>Surgery M&amp;M</td>
<td>0730 - 0800</td>
<td>CP1009</td>
<td>CLOSED</td>
<td>Physicians</td>
<td>CME</td>
<td>0.5</td>
<td>N</td>
</tr>
</tbody>
</table>

Check out all courses at calendar.conemaugh.org

2019-20 Aspiring Leader Program Applications

Applications are now being received for the 2019-2020 CHS Aspiring Leader Program! The purpose of the program is to recognize leadership potential in staff level employees, develop high potential staff, and meet succession planning needs at Conemaugh.

Eligibility Criteria:

- FT staff level employee
- Bachelor’s Degree or currently pursuing (unless not required for management role in discipline)
- Employed at Conemaugh for at least two years by September 2019
- Current performance evaluation of GE (Greater than Effective) or EP (Exceptional Performance)
- No record of written corrective action within last year
- Desire to work in a management role

If interested, discuss with your manager who has the application form. Then attend an optional information session (no registration required) on to learn more:

- Weds, 6/12, 3:30pm, back of Café
- Thurs, 6/20, 10:00am, back of Café

Complete applications must be received in Human Resources by Monday, July 1, 2019. For questions, contact Joan Colbert at (814) 534-9778.
New Leader Curriculum Graduates

Congratulations to Kathy Ashcom, Shannah Boyer, Todd Devers, and Jennifer Koontz!

New Leader Mentor / Protégé Recognition

Pairs who completed the one-year mentoring program within the past year were recognized at a recent luncheon. Congratulations!
Leader Update

Congratulations to Bonnie Mazurak-Riga DNP, MBA, RN, who has assumed the role of Director of the School of Nursing and Allied Health Programs. Bonnie has been the director of the medical specialties service line for over 20 years. She has a Bachelors in Nursing and Master’s degree in Nursing Education from Indiana University of Pennsylvania (IUP). She also has an MBA from IUP. In 2014, Bonnie earned her Doctorate in Nursing Practice from Chatham University in Pittsburgh.

Conemaugh Nason Preceptors

Conemaugh Nason’s nurses acted as preceptors for Penn State nursing students. Each nurse received a certificate of appreciation from Penn State, presented by Michelle Buttry, Chief Nursing Officer. Staff (L-R): Bobbie Weyant, Mick Stayduhar, Tinesha Curfman, and Sharon Hanlon.

Conemaugh School of Nursing Scholarships

Scholarships awarded by the 1889 Foundation

Starting from top, L-R: Madeline Bittner, Leanne Leiataua, Eric Jenkins
Jennifer Debevits, Alyson Pajak, Nicole Nasewicz, Rebecca Flick, Paige Close, Damian Jeffers, Aaron Rieg, Kaitlyn Castello, Katilynne Moss, Taylor Gruss, Zack Hafer
Haley Rygel, Lakin Rigby, Lindsey Crist, Cara Cekada, DaShauna Hardison, Kirsten Michaels, Alana Somerville, Presley Yutzy
Trista Busch, Mikayla Bailey, Madison Long, Anna Sweeney

Not pictured: Katie Snoeberger, Alexis LaBuda, Haley Litzinger.

Conemaugh.org
Recognition Weeks

Recent / Upcoming Recognitions

June 3-7: Wound Care Awareness Week

June 4: National Healthcare Recruiter Recognition Day

June 13-20: Nursing Assistants Week

June 17-21: Healthcare Risk Management Week

If your department or work group has a special recognition week or celebration day, please contact Stacy Roberts, Marketing Communications.

School of Nursing Students of the Month

March
Taylor Gruss
Senior

April
Emma Bushore
Freshman

May
Scott Walsh
Senior

June
Hayley Rygel
Freshman

Congratulations to Conemaugh School of Nursing graduates who will celebrate graduation on June 27! Best wishes for your future endeavors!
National Hospital Week
Conemaugh Nason

To celebrate National Hospital Week, Conemaugh Nason handed out snacks every day for staff along with a copy of the High Five Guiding Principles. Theme days included Trail Mix Day, Ritchey’s Dairy Day, Chips and Salsa Day, a meal provided to employees, and “Nason Pride Day.”

Conemaugh Memorial Strawberry Social

Also, during Nurses Week at Conemaugh Memorial, senior leaders delivered pizza and donuts to nursing staff.
Conemaugh Meyersdale celebrated National Hospital Week and National Nurses Week with food, fun and events, including ice cream sundaes, picnic lunch, and face full of pie contest.

Conemaugh Miners

Nurses Week 2019

Conemaugh Nason
Congratulations, Class of 2019!

School of Radiologic Technology Awards

This year’s 2019 Outstanding Clinical Performance Award and Clinical Instructor of the Year Award for the Conemaugh School of Radiologic Technology is presented to Casey Berchick and Kristin Lawery.

The Student Award was voted on behalf of all the Radiology Department Clinical Instructors which included Main Campus, Conemaugh Breast Imaging, Ebensburg, East Hills, Nason, and Miners. They evaluated the graduates on their performance in the clinical area and Casey (pictured left) received high remarks for his clinical skills.

The Instructor Award is presented to a staff radiologic technologist who the graduates feel has demonstrated the most genuine enthusiasm towards their education, the School of Rad. Tech, and their profession. This year’s clinical instructor was selected from over 80 technologists from Main Campus, Conemaugh Breast Imaging, Ebensburg, East Hills, Nason, and Miners. Kristin (pictured right) demonstrates support towards the student’s learning needs and professionalism, possesses good instructional ability and a working knowledge of clinical procedures, gives constructive feedback on tasks performed, and is receptive to questions, opinions and different viewpoints.

Congratulations, Casey Berchick and Kristin Lawery!
TEAM Recognitions

Ashman 6
"It was nice to have staff with the knowledge and attentiveness to care for people. They did an exceptional job taking care of my wife as well as our family and friends."

- Family of a Patient

Ashman 7
Thank you so very much for everything all of you did for me. All of your nurses are so nice and were concerned with my care. You are the kind of people I want when I need help. Keep up the great work.

- A Patient

Ashman 9
Your team made my dad as comfortable as possible. Their ability to interact and form a nurse-patient relationship was outstanding. They knew when to joke and when to be serious and educate my dad. Staff explained things to us in layman’s terms so we understood when talking with the doctors. They took their time with my dad. We knew he was in good hands.

- Family of a Patient

Rose 9
Where do I start? The nurses were amazing, caring, supportive, and knowledgeable and went over and beyond their duties. Everyone was so caring and attentive to our needs.

- Family of a Patient
**TEAM Recognitions**

**Ashman 10**
I want to thank you for all the excellent care you showed my mom. My sister and I appreciate the kindness and thoughtfulness you showed her. She always tells me that “all the nurses were good to me and were so very nice”. Your compassion shows in all the wonderful care you give to your patients.

- Family of a Patient

**Rose 6**
Your kindness and care during my stay will never be forgotten! The knowledge you all possess is incredible and made understanding my condition as well as my recovery easier. Even walking with me around the nurses’ station meant more than you know.

- A Patient

**Rose 8**
Thank you everyone who cared for me during my stay. I have a little brain fog so I cannot remember everyone’s name. All of you went out of your way and beyond to assure me and ease any fears I had. Many thanks to all of your Angels.

- A Patient

**Rose 10**
Everyone I came in contact with was professional, personable and courteous. They weren’t here to “just do their job.” They were always kind and polite and willing to do anything or get me anything I needed.

- A Patient
Taking a Leadership Role in Our Communities

Senior Expo
Thank you to our staff for participating in a recent senior expo event in Richland!

Education Lectures
Dr. Bussey, neurosurgeon, presented information about spine fractures. The event was successful with an enthusiastic presenter who exhibited great interpersonal skills and presentation style. Dr. Bussey also presented at the Johnstown Rotary Club. Great job!

Healthy Communities Press Conference
A logo contest was recently conducted at Greater Johnstown High School with the goal of promoting Type 2 Diabetes prevention through lifestyle changes. The contest, which was sponsored by the 1889 Jefferson Center for Population Health Conemaugh Health System as part of the Communities in Schools initiative, was open to art students at Greater Johnstown High School, whose art teachers served as judges. Nineteen students worked on the logo design project, according to Tricia Patula, commercial art teacher at Greater Johnstown High School. Some students worked alone, and others worked in pairs. The winning design (pictured above) was created by Cassidy Carthew and Jade Adams, who are both 10th-graders, and features the phrase “Healthy People Make Healthy Communities” in a heart, along with several icons representing healthy living. The members of the winning team each received a prize in keeping with the healthy theme of the contest: their choice of a FitBit Charge 3 or a Schwinn Sidewider Bike. The 1889 Jefferson Center for Population Health, which was a sponsor of the contest, announced a focus on type 2 diabetes prevention in summer 2018. The organization is currently working toward implementing a community-wide intervention against the disease in Cambria and Somerset Counties.
Let’s Move Blair County

On May 19, Conemaugh Nason had a good turnout at Altoona Curve for Let’s Move Blair County and the completion of the Corporate Wellness Challenge. The event was Halloween in the ballpark.

Minions: Shelley Snyder and her husband

Organ, Tissue, and Eye Donor Committee

During National Donate Life Month, Conemaugh’s Organ, Tissue, and Eye Donor Advisory Committee completed various projects to raise awareness about donation. This year, the committee sold Donate Life t-shirts to employees at all Conemaugh facilities - in which over 770 shirts were purchased by Conemaugh Health System’s caring staff! Profit from the sale was matched by the 1889 Foundation and donated to the Center for Organ Recovery & Education (CORE). This $7,000 donation to CORE will be used locally for CORE education, scholarships, and given to organ recipients and donor families who need assistance in our community. Deb Costlow and Sue Mann from the 1889 Foundation presented the check to Angie Hockman and Joe Weber from CORE. Additional individuals, pictured, who helped with the sale include Melissa Brubaker, Greg Dulak, Kathy Wess, Diane Kurchak, and Stacy Roberts.
Career Presentation at Learning Ladder

Conemaugh Meyersdale Medical Center’s employees recently spoke to Learning Ladder Preschool Students about various careers in health care. Part of the presentations also dealt with children’s apprehensive perception of a hospital stay. Staff informed the students that hospitals are there to make them feel better.

Women’s Night Out

Conemaugh Meyersdale recently held Women’s Night Out, an evening devoted to women’s health and wellness. Renee Arlow, MD (photo right) and Vivian Boyer, CNM, MSN were the guest speakers for the event. Following the presentations, participants were invited to meet with local professionals and organizations focusing on women’s wellness.

Stop the Bleed Presentation

The Conemaugh Nason team taught Stop the Bleed to Central High School (Martinsburg, PA) students before the end of the school year. Continued outreach for Stop the Bleed into our communities is helping to spread educational information to assist individuals in need of medical attention prior to the arrival of first responders.

Thank you to all staff for your community outreach and involvement!

Together, we are Making Communities Healthier!
Ensuring Fiscal Responsibility

Remaining on Target for EBITDA Goals

Conemaugh continues to be on target to hit our EBITDA goals - and are about 9% over targets through May. This is important because it enables the organization to continue to make renovations and purchase equipment to provide quality care to our patients. We continue to look for efficiencies and better ways to do things, where we can. We constantly work to improve on areas such as Readmissions, Length of Stay, and Observation Status to do what is right for our patients and Conemaugh. We compare well to our peers in Western Pennsylvania, but it is a challenging environment. Thank you to all staff for all you do to help us stay fiscally responsible!

Construction Updates

Special thanks to our construction crew for their continued work during the spring and summer months! Construction is moving along at all of our new locations. In Ebensburg (five photos below), walls and beams are underway.

In Somerset (photo left), site work continues to progress.