

You may keep this page for your information

Instructions for:

****IMPORTANT TRANSPORTATION NOTE****

You will be given a sedative to help you relax; therefore you cannot drive a vehicle for the remainder of the day. All patients must be accompanied by a responsible adult who can drive him/her home after the exam. Patients may only ride home in a taxi, medvan or bus if accompanied by a responsible adult. A taxi/medvan driver does NOT meet the requirements for a person to accompany you home after the exam. Failure to have a driver will result in the test not being performed and cancelled even though you have taken the colon prep. There will be no exceptions to this rule.

- EGD(EsophagoGastroDuodenoscopy) is an exam of the upper intestinal tract using a lighted, flexible scope. To prepare for this exam, you must not eat or drink the morning of the test.
- If you have any questions about the test, call our office at (814) 534-1270.

MEDICATIONS:

- Bring a list of all prescription and non-prescription medications including vitamins and herbal supplements. Do not bring your actual medications. Also, bring a list of any medications you are allergic to.
- Do not take diabetic medications the day of your exam. If you take insulin, check with your primary care doctor for dose instructions for the day of your procedure.
- Discontinue iron pill or vitamins that contain iron 5 DAYS before the exam.
- Discontinue _____ (blood thinner) _____ days before the exam.
- You should take all lung breathing treatments, heart, blood pressure, psych, or seizure medications with a small drink of water the day of your exam.
- Do not chew gum or use mints the day of the exam. Also, no smoking or chewing tobacco prior to the exam.
- Leave all valuables including jewelry and piercings at home.
- Let the office know if you had a heart valve replacement surgery, pacemaker, or defibrillator.
- Let the office know if you have any bleeding disorders such as low platelets or prolonged bleeding time.
- Plan to be at the hospital for a total of two to three hours. **We ask that you arrive 45 minutes prior to your test.** Go to the main entrance at Conemaugh Hospital and report to the outpatient registration desk. It is the desk on the left when you enter the main lobby. Once you are registered, you will be given directions to go to the GI Lab where you will then complete any needed paperwork and get changed into a gown. The nursing staff will perform a brief assessment, place an I.V., and take you into the procedure room where you will be sedated and undergo the exam.
- **If your test is scheduled for 6:00am, please report to the outpatient registration desk a half hour prior to your test.**
- After the exam, you will rest in the recovery area while the sedative wears off. The doctor will speak with you/family regarding the results. You will receive written discharge instructions for activity, medications and follow up with a physician. A complete report of your exam will be sent to your family doctor.