Conemaugh Advanced Wound Center Awarded Center of Distinction

The Conemaugh Advanced Wound Center has been recognized with the Center of Distinction award, a national designation for clinical excellence. The award is presented by Healogics, the nation’s largest provider of advanced wound care services. Conemaugh achieved outstanding clinical outcomes for twelve consecutive months, including patient satisfaction higher than 92 percent, and a minimum wound healing rate of at least 91 percent within 30 median days to heal. There were 635 Centers in the United States eligible for the Center of Distinction award, but only 427 achieved the honor. “Our team of expert caregivers at the Advanced Wound Center assist our patients in healing chronic wounds that often impact their daily lives,” says Nikki Kushner, president of Conemaugh Physician Group. “Their efforts to provide innovative care as we are Making Communities Healthier is reflected in this Center of Distinction award. We are so proud and thankful for all they do for our patients.” The Wound Center offers highly specialized wound care to patients suffering from diabetic ulcers, pressure ulcers, infections, simple burns, traumatic wounds, complicated post-surgical wounds, and other chronic wounds which have not healed in a reasonable amount of time. Advanced treatments includes negative pressure wound therapy, bio-engineered skin substitutes, hyperbaric oxygen therapy, biological and biosynthetic dressings, and growth factor therapies. The patient care team at Conemaugh includes specialty physicians, wound specialists, registered nurses, licensed practical nurses, nurse aides, nurse practitioners, nutritionists, lymphedema specialists, and diabetic educators.
The Physician Recognition Team has implemented an award for physicians who go the Extra Mile to help patients, visitors, employees, and the community. The first award was given in July 2017.

June 2018 Recipient

Congratulations,
Dr. Wolfel!

Diagnostic Radiology

To view nominations and videos for our recipients, visit www.conemaugh.org/ExtraMileAwardWinner.

To nominate a physician for the Extra Mile Award, or to learn more, visit www.conemaugh.org/ExtraMileAward.
2018 Mercy Award Winners

Conemaugh Health System is excited and proud to announce our local Mercy Award winners for 2018. These employees have met the criteria for LifePoint’s High Five Guiding Principles. Later this year, they will be invited to a recognition event in Nashville, TN and will be eligible to be named the Company-Wide Mercy Award LifePoint Winner.

Conemaugh Memorial Medical Center – Nancy Kozuch

Nancy, RN Care Manager, Primary Care Resource Center, lives by the philosophy that giving is its own reward. Her role is very important as it helps patients stay healthy after discharge to reduce readmission. Nancy always puts her patients first and constantly looks for ways to enhance care delivery. She shows great concern for the welfare of her patients and is actively involved in finding solutions to difficult challenges. Nancy goes out of her way to provide extra attention for each patient. In the community, she organizes Somerset’s Daffodil Day sale and is an active volunteer for Birthright. She is an exemplary role model and is a true humanitarian.

Conemaugh Meyersdale Medical Center – Jessica Hemming

Jessica is the Patient Access Manager, and is goes above and beyond what is required of her in both her work and personal life. She was instrumental in our transition to the new electronic medical record, always willing to help others with questions. She helps cover shifts as needed with a positive attitude. She is the co-chairperson of Conemaugh Meyersdale’s Paitent Advisory Council. She is very involved in school sports teams and dedicates time to working at concession stands and traveling to sporting events. She is very active in her church where she plays piano. Jessica truly embodies a working manager.

Conemaugh Miners Medical Center – Pauline Bender

Pauline is the Nurse Manager for Surgical Services. She manages the operating and recovery rooms, short procedure unit, wound clinic, and central sterile supply. She smoothly coordinates the daily operation of the departments, and over the years has been willing to learn new processes to adjust to evolving health care. Pauline has good rapport with her staff and leads by example. She treats them with the same kindness and respect she shows to her patients. She is a long-standing member of her church, and volunteers at various functions such as the annual festival. Pauline is a true asset to our hospital and the community.

Conemaugh Nason Medical Center – Shaina Musselman

Shaina is a CT Tech in the Radiology Department. She is an amazing technologist and is full of knowledge, always eager to lend an extra hand as needed. She goes above and beyond for patients. She is actively involved in the community and works with the Garver YMCA gymnastics program, helps with fundraisers, practices, and meets. She also helps with the Easter for Eli program, participated in fire fighting training, and helps with various fundraisers to help others. She is a committed employee, provides exceptional care to patients and their families, and is fully engaged in the community.
Conemaugh Announces Plans for Somerset Outpatient Center

Conemaugh Health System has confirmed the purchase of land in Somerset, PA and will begin construction this year of a comprehensive outpatient center. The new building will be constructed on a 3.9 acre site located at the intersection of N Center Avenue and Byers Road. It is the former Pine Haven Village shops area, and the state highway building is across the street. “We are pleased to announce our expansion of services to Somerset,” says Steve Tucker, chief executive officer of Conemaugh Health System. “This outpatient center will create a new opportunity for our physicians, clinicians, and staff to provide exceptional care to Somerset patients as we are Making Communities Healthier.” The new outpatient center will provide a one-stop, convenient location for a variety of outpatient services, as well as primary and specialty care physician offices. The current physician offices in the Somerset area will be consolidated to the new building, and additional services will be added for the Somerset community. This new outpatient center destination will enhance the availability of great healthcare close to home for Somerset patients, families, and caregivers. It will complement the recently developed facility for Conemaugh Physician Group – Somerset OB / Gyn, located at 600 Aberdeen Drive in Somerset. Additional details of the outpatient center will be announced in coming weeks.

Joint Commission Survey - PET / CT Scan

The Joint Commission was on site at Conemaugh Memorial to survey the new PET/CT scanner. Feedback from the surveyor stated that documentation was meticulous with the radiation safety plan being one of the best they had ever seen. The surveyor also noted that patient care documentation was superb as staff interactions and leadership were outstanding. There were no requirements for improvement and this was considered a perfect survey! Thank you to everyone involved in this survey and to all of our employees for keeping our patients safe every day!

Stay informed! Like our Facebook page!

www.facebook.com/Conemaugh
Heart Healthy Event

Thank you to Dr. Mavridis and Dr. Pellegrini for taking part in the Conemaugh East Hills Community Education series by presenting information on heart disease to community members. An additional thank you to the Conemaugh Cardiac Rehabilitation staff, who provided an overview of their program and a tour of their state-of-the-art facility.

Conemaugh Meyersdale Offers Lymphedema Services

Conemaugh Meyersdale Medical Center has added lymphedema services to its Rehabilitation Services Department. Chellie Hurt, an occupational therapist and certified lymphedema therapist, is providing the service to help manage patients who suffer from lymphedema or lymphatic obstruction. Lymphedema is a long-term condition where excess fluid collects in tissues causing swelling. The lymphatic system is a part of the circulatory system and vital for immune function. Lymphedema is caused by a blockage of this system through surgery, radiation, malignant tumors, trauma, infection, chronic venous insufficiency, obesity, and filariasis. Lymphedema commonly affects one of the arms or legs. In some cases, both arms or both legs may be affected. Some patients might experience swelling in the head or chest. A high number of patients who have had breast cancer surgery/treatment also suffer from lymphedema. According to Hurt, lymphedema is a chronic condition that has no cure. However, with proper attention, this disease can be managed. Typical therapies include massage, skin care, multi-layer bandaging, home exercises, and being fit for long-term customizations like socks or sleeves. “We are very excited to offer lymphedema services at Conemaugh Meyersdale,” said Heather Smith, CEO of Conemaugh Meyersdale. “Lymphedema is not a program that is commonly offered. We are very fortunate to have Chellie providing this needed specialty in southern Somerset County.”

Conemaugh Memorial display cases available for coming months! Contact Stacy Roberts, Marketing Communications, to reserve space.

conemaugh.org
Trauma Awareness Month
April CARING Box Donation

For the month of April, the Conemaugh’s CARING Box donation were used for children’s books to support the Read, Return, Repeat Project. Library boxes will be placed in 25 neighborhoods to promote literacy for all ages and the love of a good book. Katrina Mauersberg, president of Johnstown High School Interact Club is coordinating Read Return Repeat with Marlene Singer (Community Health) who will be supplying the boxes with parent/child health information. Katrina is the daughter of Joe Mauersberg from Conemaugh Memorial food and nutrition department. She and a group of JHS students picked up 40 boxes of over 4,500 books donated. Your support of the monthly donation box is truly appreciated.

Year of Communication

June: Hand-Off Communication

Managers will be discussing Hand-Off Communication with employees throughout the month. Also watch your email for more information!

Room Reservations

Need to reserve a room? Here’s a quick reference guide to help you!

- MCW, School of Nursing classrooms, E-407 and E-407b - Linda Heidenthal x9771
- Good Sam classrooms - Diane Kennedy x3038
- Good Sam computer training rooms - Jade Erickson x7730
- Back/inside of the Crossroads Café - Angie Frampton x9461
- Outside Café and Atrium - Beth Freedline x9712
- CP 1009 (near discharge lobby) - Viola Sand x9892
- Garden Court at Lee Campus - Barb Petro x9722

Correction from May CareNotes

It was incorrectly printed that Dr. Dan Wehner, Emergency Medicine, will be retiring. Correction: Dr. Dan Wehner will be retiring from Conemaugh in July, but continuing his professional career as an emergency physician at MedStar St. Mary’s Hospital in Leonardtown, MD beginning August 1. Thanks to Dr. Wehner for all your time at Conemaugh!
Here Comes Clara

Conemaugh Health System recently implemented the Here Comes Clara award, designed to recognize departments throughout the organization for their hard work and dedication to patient care.

Why Clara? Clara Barton, the founder of the American Red Cross, coordinated relief efforts following the 1889 Johnstown Flood and offered assistance by establishing tents to help the injured and sick, beginning on June 2, 1889. Soon there was not enough room and the area needed to grow. The establishment was moved to the 8th Ward, the current site of Conemaugh Memorial Medical Center.

Here are a few of Clara’s recent adventures!

10 Ashman
After visiting the Respiratory Therapy department, Clara was passed along to 10 Ashman nursing unit. The Respiratory staff unanimously chose 10 Ashman for the excellent patient care they provide to patients with respiratory concerns. The teamwork between the two departments is essential when caring for ventilator patients and patients with severe breathing conditions.

Speech Therapy
Following 10 Ashman, the staff awarded Clara to the Speech Therapy department for their commitment to patient care. The speech therapy team assesses patients with inpatient and outpatient services including swallowing disorders, identifying language deficits, performing barium swallow tests, and providing rehabilitation services.

Congratulations to both departments!
Leaders Earn CPPS Certification

The Certification Board for Professionals in Patient Safety (CBPPS) recently recognized Tim Harclerode, FACHE, Chief Executive Officer at Conemaugh Nason and Conemaugh Miners Medical Centers, and Kimberly Semelsberger CPA, Chief Financial Officer at Conemaugh Nason Medical Center has as Certified Professionals in Patient Safety (CPPS). They both earned this credential in part by passing a rigorous, evidence-based examination that tests candidates on their competency in patient safety science and application.

Leadership Updates

Jennifer Rollins, RN BSN will be taking over as the new manager for the Perioperative services including PACU, ASU, Pretesting, and Infusion Center. Jen has been an employee of Conemaugh Health System for over 20 years and is completing her Master’s Degree in Health Service Administration this August. We are excited to have her join the Surgical Service Line Leadership Team! Her new extension will be 9421.

Liz Nicodemus has changed roles to Director of Corporate Compliance. She will fill the position after the retirement of Diane Pringle. Liz has served Conemaugh Memorial’s ER for 17 years. Her roles have included registered nurse, supervisor, manager, and emergency room director. Congratulations to both Liz and Diane.

Conemaugh Health System

Congratulates Claudia Rager

Please join me in congratulating Claudia as she has announced her plan to retire on August 3, 2018 after 43 years with Conemaugh. Claudia has been an extremely valuable member of the Conemaugh team. We are thankful for her leadership and vision.

Claudia plans to spend her retirement traveling and spending time with her family and grandchildren. We wish her all the best in the future.

Steve Tucker, CEO, Conemaugh Health System
School of Radiologic Technology Awards

The Class of 2018 graduated from Conemaugh’s Radiologic Technology Program. Jeriel Ramos received the Student Clinical Award - voted on by all of the Radiology Clinical Instructor’s from main campus, Lee, BIC, Ebensburg, East Hills, Richland, Conemaugh Nason, and Conemaugh Miners. Tiffany Mulligan (graduate) received the Student Academic Award and has achieved the highest scholastic average in her class. She also received the Joint Review Committee On Education in Radiologic Technology certificate for academic excellence. Clinical instructor Alan Motchenbaugh, full time radiologic technologist at Conemaugh East Hills Diagnostic received a Certificate of Excellence Award from the Joint Review Committee on Education in Radiologic Technology.

Senior Nursing Student Poster Presentation

Thursday, June 14 • 11:30 am - 2:30 pm
Conemaugh Memorial - Atrium

School of Nursing Student of the Month

Kylie Spicer
May Recipient

Michael Emerick
June Recipient

(L-R): James Ahacic, Associate Director of the School of Nursing and Allied Health Programs, Kylie Spicer, Freshman, Lisa Devineni, Director of the School of Nursing and Allied Health Programs, and Kevin Bean, PC Administrator/Director of Marketing, Laurelwood Care Center.

(L-R): James Ahacic, Associate Director of the School of Nursing and Allied Health Programs, Michael Emerick, Senior, Lisa Devineni, Director of the School of Nursing and Allied Health Programs, and Kevin Bean, PC Administrator/Director of Marketing, Laurelwood Care Center.
Conemaugh Nason Altoona Curve Game

Altoona Curve Game
Conemaugh Nason staff participated in Let’s Move Blair County Day at the Altoona Curve Game in May. Staff taught hands-only CPR to fans in attendance.

Conemaugh Nason Emergency Preparedness
Conemaugh Nason Medical Center hosted an emergency preparedness drill in May. The drill was conducted to simulate an external disaster and ensure that all hospital personnel are adequately prepared in case of emergency.

School of Nursing Active Shooter Training
Captain Chad Miller from the Johnstown police department presented active shooter training to Conemaugh School of Nursing students on Monday, May 14.
Hospital Week Celebrations

Conemaugh Memorial

Conemaugh Meyersdale

Conemaugh Nason

Thank you for all you do!
Continuing Education Opportunities

JUNE

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<tr>
<th>Date</th>
<th>Educational Activity</th>
<th>Time</th>
<th>Location</th>
<th>Registration</th>
<th>Target Audience</th>
<th>Credit Type</th>
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<td>ACLS (Update)</td>
<td>0800 - 1300</td>
<td>VMHC/G51040 - 1042</td>
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<td>CME</td>
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<td>CME</td>
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<td>Physicians</td>
<td>CME</td>
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*Cost: $0.5 - $1.00 per credit, depending on the type of credit.
TEAM Recognition

New Visions

“The New Visions Chemical Dependency Program has experienced a significant increase in volume and the staff are performing at a very high level. Since the inception of a more in depth medication assisted treatment counseling service, the staff has been very busy. Through the first quarter of the year, New Visions is operating at 43% above budget in volume. This is the result of hard-working staff, who are providing high quality services to those impacted by addiction and the opioid epidemic. Due to the care that patients have received, New Visions has experienced a decrease in no show rates, and an increase in patient satisfaction scores. The work the staff continues to do on a daily basis is making a difference in the lives of those who have been impacted by addiction in our community.” -- Director, Behavioral Health Services

Diabetes Institute Awarded Recognition

The American Diabetes Association recently awarded Education Recognition to the Diabetes Self-Management Education Services at Conemaugh Health System. The recognition is required for reimbursement and represents Conemaugh’s attainment of evidence-based standards of care and quality outcomes. Services are provided at Conemaugh Memorial Medical Center - Lee Campus, with expansion services at Conemaugh Meyersdale Medical Center, Conemaugh Miners Medical Center, and Conemaugh Ebensburg. Conemaugh Nason also participates as a multi-site location.

Physician Assistant Inducted into Hall of Fame

Teresa Zepka, PA, of Conemaugh Physician Group - Gastroenterology, and Johnstown native, will be inducted into the 2018 Pennsylvania Athletic Training Hall of Fame in Harrisburg, PA. Zepka received her BS degree in Health, Physical Education and Recreation from the University of Pittsburgh, MS degree in Athletic Training from the California University of Pennsylvania, and PA-C from Lock Haven University. Teresa has served as the Head Athletic Trainer for Charleroi High School; Assistant Athletic Trainer/Instructor at Millersville University; Athletic Trainer/Assistant Professor at California University of PA; an Athletic Trainer/Physician Extender at the University of Pittsburgh Medical Center and Physician Assistant-Certified for various medical groups and physician practices. Her efforts with governmental affairs and public relations laid the ground work for PR campaigns throughout the state and nation. Her efforts to educate the public on concussions are immeasurable. In 2009, she authored a grant in which PATS received a grant for concussion education. During Teresa’s chairpersonship on the PATS PR Committee, PATS received numerous national PR awards. Teresa efforts laid the groundwork on which all future PR campaigns will be measured.
Memorial Medical Center Employee Fitness Gyms

As of April 2018, we have three Employee Fitness Gym Locations:
- Main Campus, Good Sam Building 3rd floor (24/7 access)
- Lee Campus, 2nd floor (24/7 access)
- East Hills, main floor in Cardiac Rehab (limited access, see below)

Membership Options
1 - $18/month, access to ALL THREE locations (MMC, Lee & East Hills)
2 - $10/month, access to ONLY East Hills location

OPTION 1 - $18 a month, membership Includes:
- 24/7 access to Main & Lee Campus
- Limited hour access to East Hills Campus
  - Mondays thru Fridays, 5:00pm to 10:00pm
  - Saturdays & Sundays, 6:00am to 10:00pm

MAIN & LEE CAMPUS OFFERS:
- Cardio and exercise machines – treadmills, ellipticals, reclined bikes, rowing machines, Nautilus®, Cybex®, and more
- Free weights
- Exercise balls and bands
- Televisions
- Various group exercise classes – yoga, Spin® and toning classes.
- Showers and daily locker use

EAST HILLS CAMPUS OFFERS:
- Cardio equipment and limited free weights
- ‘Rules of Usage’ form MUST BE COMPLETED BEFORE USE! (See Attached)

OPTION 2 - $10 a month, membership Includes:
- EAST HILLS CAMPUS access ONLY, which offers:
  - Cardio equipment and limited free weights
  - ‘Rules of Usage’ form MUST BE COMPLETED BEFORE USE! (See Attached)

Who Can Join?
- Employees of MMC and their spouses (no children or other relatives)
- Conemaugh Physician Group and their spouses (no children or other relatives)
- Residents and their spouses
- Students in a CHS Allied School programs ONLY (Spouses are not eligible)
- Duke Life Point Business Services Employees and their spouses (no children or other relatives)
- Select Specialty Employees ONLY (Spouses are not eligible)
DONATE TODAY

This month in our CARING Boxes we are collecting items for the YWCA Stork’s Nest. The Stork’s Nest provides care bags to new parents who are in need of baby items. Items needed include:

- Diapers (Size 1 & 2)
- Baby Lotion
- Baby Swabs
- Baby Wash Cloths
- A&D Ointment
- Socks
- Clothing (0-3 months & 3-6 months)

- Baby Sunscreen
- Baby Bath Wash
- Teething Toys
- Baby Blankets
- Rattle Toys
- Bibs

The boxes can be found at the following locations:
- CMMC’s Atrium
- Good Samaritan Main Lobby
- Lee Campus Main Lobby
- Westwood Finance
- Conemaugh Medical Park
# JUNE 2018 - INNOVATIONS MENU

Available at
Crossroads Café – 3rd Floor, Clinical Pavilion  
Conemaugh Memorial Medical Center, Main Campus

Cafeteria – Ground Floor  
Conemaugh Memorial Medical Center, Lee Campus

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